

IRMA AND DISTRICT HOME-GROWN
NEWSPAPER FOR THE EAST
✓ TWENTY-EIGHT YEARS

IRMA

TIMES

READ IN THE HOME OF EVERY
RESIDENT IN THE IRMA
TRADING AREA

VOL. 30; No. 38

IRMA, ALBERTA, FEBRUARY 25, 1944



USE GOOD SEED
Producers for their protection should check the germination of home-grown seed.
For FREE GERMINATION TESTS leave your grain samples with your
ALBERTA PACIFIC AGENT

GOVERNMENT NOTICE NATIONAL WAR LABOUR BOARD

Incorporation of Cost of Living Bonus into Wage Rates

THE ATTENTION of all employers in Canada, subject to the Wartime Wages Control Order 1943 (P.C. 9384), is directed to the provisions of the Order requiring them to establish for each of their occupational classifications, not above the rank of foreman, a single wage rate or range of wage rates as prescribed by the rules set out in Schedule "A" of the Order by adding to the previous authorized single wage rate or previous authorized range of wage rates the amount of previous authorized cost of living bonus, and that such established single wage rate or range of wage rates shall be effective for the first payroll period beginning on or after February 15, 1944.

Employers who may not be paying previous authorized cost of living bonus as required by General Orders of the National War Labour Board, issued under dates of August 4, 1942, and November 3, 1943, pursuant to the provisions of the Wartime Wages Control Order, P.C. 9363, are required to include such amounts of cost of living bonus in the establishment of wage rates of their employees under P.C. 9384 effective for the first payroll period beginning on or after February 15, 1944, as stated.

P. McTAGUE,
Chairman
NATIONAL WAR LABOUR BOARD

Ottawa, Canada.

D-3-44-W

THE NEED GROWS AS VICTORY NEARS

\$10,000,000 needed NOW!

This is the year of supreme effort, the year Red Cross will be needed as never before. And as our all-out victory drive gains momentum, as casualty lists mount, as the horrors of war spread wider and sink deeper, this need will grow.

We must see them through: the fighting men on every front, the gallant Merchant Navy, the wounded and maimed in British and Canadian hospitals, prisoners of war, the homeless war orphans of Britain and the suffering millions of Europe.

Only the Red Cross meets this call for vital life saving food for prisoners of war parcels, medicines, comforts, blood serum and nursing that spell survival for so many. There is no one else to do the job.

That is why we cannot fail: why we ask you to open your hearts and purses, giving to the limit of your ability. Remember, Victory will not be cheap; the real need lies ahead.



CANADIAN RED CROSS

Obituary

The people of Tofield, Ryley and Irma were shocked last week when they heard of the accidental death near Tofield, of Peter G. Baergen, on February 15th, a former resident of the Irma district, and a brother of George G. Baergen.

Mr. Baergen had purchased a farm north of Tofield and was moving his belongings from Ryley, where he had been working, when the accident happened. He was going on a load of hay and had another team trailing behind hauling a triple box full of stove wood. It is supposed that he jumped off the load of hay and tried to prevent the load of wood from going into the ditch when it toppled over, crushing him beneath it where he was found some time later by a farmer living nearby.

The late Mr. Baergen was 27 years of age, and married. He leaves to mourn, his wife and other relatives. Two children, predeceased him, one while the family lived near Irma, and the second one since they moved to Ryley about two years ago.

NEWS OF OUR BOYS

Cpl. Bill Meakins, of Jarrow, was home from Pearce, Alta., on leave last week-end, and called in to say hello.

Ross McFarland, Jr., has been accepted in the Canadian Navy, and is to report for duty in Edmonton in about two weeks.

Peter Kozak went to Edmonton this week for his medical examination for the Navy.

Lac. Robt. Whitley arrived home from overseas Tuesday morning. When asked about his trip across, his only comment was "It's lots of water." Bob expects to go into training for air crew in the very near future.

M. D. Wainwright Council Minutes

(Continued from Last Week)
Moved by Clr. Sutherland that as a petition has been received from rate-payers in Township 45-3 expressing their desire that said Township be included in the Doctor's Agreement and as such names have been checked against the Assessment Roll and found such petition in order, that Township 45, Range 3 be deleted from the Doctor's Agreement which is appended to and forms part of Bylaw No. 43 of this Municipal District.—Carried.
Moved by Clr. Spencer that owing to Township 41, Range 6 has been transferred and made part of the M.D. of Provost No. 382 per Ministerial Order dated January 6, 1944. That the S.H. of Township 42 in Range 6 be deleted from the Doctor's Agreement which is appended to and forms part of Bylaw No. 43 of this Municipal District.—Carried.
Moved by Clr. Taylor that the Reeve and Secretary be a committee to approach the Wainwright Hospital District for the purpose of a re-arrangement of territory of Trustees for the said Hospital District.—Carried.

Moved by Clr. Spencer that this Council endorse the Agreement made by the Public Works Committee with T. Kirwin, road contractor, to gravel the nine miles south from Highway No. 14 to Chauvin, at 400 yards of gravel to the mile at \$1.68 per yard excepting blade and checker work.—Carried.
(Mr. Archibald dissenting).
Moved by Clr. Archibald that the Secretary get in touch with Mr. Curtis to see if he is available for contract road work 1944 season.—Carried.

Moved by Clr. Archibald that the Cost of Living Bonus paid to the office staff be discontinued.—Carried.
(For the motion Clr. Archibald; Against, Clr. Sutherland, Dixon, Fahner, Spencer and Taylor.)
Moved by Clr. Archibald that all material for office use with the exception of postage stamps over the amount of \$20.00 per month be approved by the Council before such order is given.—Carried.

(For the motion, Archibald, Fahner, Spencer and Dixon. Against the motion Taylor and Sutherland.)
Moved by Clr. Dixon that Clr. Spencer be committee to ascertain the prices for the building of a vault.—Carried.

Moved by Clr. Fahner that the Secretary write the Department of Agriculture, Dominion of Canada, asking what disposition had been made to the application of assistance under the P.F.A. Act as to Township 42 in Ranges 1, 2, and 3, Township 43, Range 6, and Township 44 in Range 9.—Carried.

Moved by Clr. Taylor that the Council do now adjourn to meet at the call of the Returning Officer Monday, March 13, 1944, as provided for in the Municipal District's Act.—Carried.

HOCKEY

Last Saturday the Albert school boy's hockey team came in to Irma for their first game of the winter with the Irma boys. Considering the handicap of not having a proper rink to play on this winter the visitors held the locals to a tie, 3-3. Scorers were Ronald Currie, O. Meyer and Don Ramsay for Albert, and Don Quinlan, 2; Carl Soniff, 1; for Irma.

Last Tuesday evening the Battle Heights team came back for another game with the Irma high school boys. Again the visitors were beaten, the score being Irma 5, Battle Heights 3. Carl Soniff, Lloyd Johnston, Don Quinlan, Ross McFarland and Havie Elford each scored one for Irma, and Fred Meyer scored all three goals for the visitors. The referee was Robt. Guitlin.

Bonspiel Results

The first Irma bonspiel came to a conclusion last Saturday evening after a week of good games and lots of fun. Mr. H. L. Black's rink was the only rink that came through without a loss, winning all four games, when they defeated Mr. Brown's rink in the last game of the Grand Challenge event, by a score of 10-5.

In the Merchants' competition, R. H. Ott won from Cliff Smallwood in the final game, while N. McMillan's rink clinched the Consolation prize by defeating Mrs. A. C. Milne's rink. A great deal of interest was taken in these games, especially in the finals Saturday evening, and so finished the first event of its kind in Irma.

Two rinks of curlers from Wainwright visited Irma last Monday evening and tried out the Irma ice against the Irma players. The Wainwright rinks included Messrs. Schlitt, skip; Koch, Hume, Michon and Geo. Clark; skip; Baxter Crawford and McCulloch. Two mixed rinks at Irma were chosen to play them. These included Messrs. Brown, skip; Longmire, C. Jones and Mrs. Wells and Hansen, skip; Fletcher, C. Smallwood and Mrs. Milne.

The Wainwright rinks won both games, 12-9 and 12-5.

Kinsella Kernels

Mrs. Simmons, of Irma, has taken over the business of Mr. E. C. Williams.

Church News

UNITED CHURCH SERVICES
Sunday, February 27
Irma—Sunday School—11 a.m.
A hearty invitation to all.

CHRISTIAN AND MISSIONARY ALLIANCE

Irma Tabernacle—Bible School
2:15 p.m. Classes for all—3:30 p.m. Gospel Service
A cordial welcome to all.
"The Lord is not slack concerning his promise, as some men count lackness; but is long-suffering to us-ward, not willing that any should perish, but that all should come to repentance."
2 Peter 3:9.

RADIOGRAMS FROM CJCA

"People Love Facts," a program facts about our everyday lives, is heard over CJCA every Wednesday evening at 6:00 p.m. The old adage about truth being stranger than fiction is borne out here in no uncertain terms, and if you think that 15 minutes of facts might not be highly entertaining then we're sure you'll change your mind after hearing the show.

Listen Monday thru Friday at 2:45 p.m. for the sparkling "Aunt Jemima" show. It's five minutes of well-planned entertainment featuring your favorite tunes by the Aunt Jemima Chorus... and a few jolly words from Aunt Jemima herself.



Better Seed—Better Crops
Quality in Canadian crops is helping to win the war.
The same quality will help to feed the people of the world when the war is over. Quality crops also mean better returns for farmers. The secret is to obtain and to plant quality in crop seed.
See the nearest Searle Agent for your requirements or the famous "Crop Testing Plan" quality seeds available at reasonable prices.
SEARLE GRAIN COMPANY, LTD.

TRAVEL BY BUS

Here's how you can help with our Nation's Transportation problem:

1. Travel on Tuesdays and Thursdays instead of on crowded week-ends.
2. Avoid travelling on holidays during the rush season.
3. If you are sometimes inconvenienced, smile it off as a contribution to winning the war.
4. Consult your Agent or Driver for travel information.

Sunburst Motor Coaches Ltd.

SEEDTIME Will Soon Be Here!

Are You Sure of Your SEED?
Although the War Effort has greatly depleted our personnel we are still able to offer the service of free Germination Tests.
Please assist us by sending in your samples early.



NATIONAL GRAIN COMPANY LTD.

MARCH 1

ANOTHER DEAD LINE THAT MAY MEAN A LIFE LINE TO SOME ONE

SEND A SOLDIER OR CIVILIAN A "BOX"

We Have Everything for this Purpose

Irma Trading Co.
"ELFORD'S"

Irma ————— Alberta

It Does taste good in a pipe

Picobac

The Pick of Tobacco

Medicine At War

CASUALTIES ARE INEVITABLE in time of war, but it is encouraging to know that because of the great advances made in medical science in recent years, the mortality rate among our wounded is very low. Statistics given out by the British Ministry of Information show that in this war there is much less loss of life as the result of wounds than there was in the First World War. At that time, the mortality rate in hospitals for the wounded in Egypt and Palestine was 7.4, while out of nearly 30,000 battle casualties admitted to hospitals in the Middle East during the year ending March 31, 1943, the death rate was only 2.1. Another comparison which has been given, tells of a British hospital in France, where 1,300 severely wounded patients were treated towards the end of the last war. Of these, 112 died. During the recent campaign in Tunisia, there were only five deaths in a hospital which had 1,500 serious cases.

Many Advances Have Been Made

This decline in the death rate among the wounded is a tribute to the progress made in the field of medicine since the last war. Outstanding among the new discoveries are the sulphonamide drugs and the drug penicillin, which have proved so effective in preventing infection and in healing wounds. The use of airplanes in dealing with casualties is also an important development. Facilities are provided not only for evacuating the wounded quickly by air, but also for conveying doctors and medical equipment to battle areas. Nearly 15,000 sick and wounded were taken to North Africa by the Royal Air Force and the United States Army Air Corps during the Sicilian campaign, and the same number of casualties were evacuated by air during the fighting in North Africa. It has also been related that on more than one occasion all the necessities for the establishment of a fully equipped hospital have been flown into battle areas.

Blood Plasma Saves Lives

Another important development, and one to which civilians are able to contribute, is the use of blood plasma for the treatment of those suffering from wounds or shock. Transfusions are considered vital for such cases, and trained teams rack forward in the battle areas, administering plasma to casualties before they are moved. Plasma is dried blood, and it can be kept for any length of time, without requiring refrigeration. This is a very recent discovery and one which has been instrumental in saving many lives. Great quantities of this plasma are needed, and many thousands of Canadians are regularly donating blood for this purpose. Mobile operating theatres, which may be moved very close to the front lines are another important factor in the prevention of a high death rate from wounds. In carrying on these valuable services, great skill and courage is constantly being shown by the doctors and other members of the Medical Corps and to them goes credit for the saving of many lives for the fighting forces.

Sufferers of Painful SINUS—Get Quick Relief!

Just a Few Drops Relieve Stiffness...
Make Breathing Easier... Give You Comfort

It's grand how Vicks Vapo-rinol clears congestion from nasal passages—gives sinuses a chance to drain. Results are so good because Vapo-rinol is specialized medication that works right where trouble is—to relieve painful congestion by the breathing easier. Try it—put a few drops in each nostril—follow directions on the label.

VICKS VAPORINOL

Healthy Emotion

Air Commodore Says Fear Sharpens The Judgment

Contrary to the general belief that fear is something to be ashamed of and "nerves" an insurmountable handicap to anyone who wants to fly, an Air Commodore writing in the British Medical Journal points out "Fear within limits should not only be a natural but a healthy emotion, stimulating attention, sharpening judgment and evoking maximum effort."

Night bomber crews, he reveals, are the greatest sufferers from "nerves," but as an experienced squadron leader told him: "The man I like to have is one with enough imagination to fear the worst and hope for the best."

The real danger to an airman is lack of confidence. It is a major cause of flying accidents, operational failures and psychological breakdown in air crews, according to this Air Commodore.

Relieves distress from MONTHLY FEMALE WEAKNESS

Lydia E. Pinkham's Vegetable Compound not only helps relieve monthly pain but also weak nervous feelings—due to monthly menstrual disturbances. It helps break down resistance against distress of "difficult days." Made in Canada.

Population Of India

Increasing At The Rate Of Five Million People Yearly

In the last 50 years a population equivalent to that of the United States has been added to the resident population of India by natural increase. The human family there is increasing at the rate of 5,000,000 people yearly at the present time. That is sometimes forgotten, when famine is the topic and Great Britain the target for those who speak first and think afterwards. — Victoria Colman.

NORWAY PAYS HER WAY

Because of the earnings of her merchant marine, the fourth largest in the world, Norway has been able to pay her own way all through this war. This is not all. The Royal Norwegian Government in London has also managed to meet pre-war obligations, and has paid interest and amortization instalments on Norwegian foreign loans.

THE BRITISH WAY

During the winter 1942-43 British domestic and industrial consumers of coal effected an economy of 11,000,000 tons in response to the government's request. This was 3,000,000 tons more than the advance estimate of saving.

Honey keeps better in a warm room rather than in a refrigerator.

Made A Difference

Germany Took Delight In Bombing Until They Were Attacked

A distinguished member of the British diplomatic service who served six years in Berlin said in the BBC's German program that it was no surprise to him to see from the German papers that the British raids on Berlin were described as "barbarous," "inspired by the Jews" and so on.

He said that before the war the idea of bombing cities was regarded as quite natural in German official circles. He remembered Goering saying to him that London was "a magnificent target—a large ripe plum" and he "made a noise with his lips like a small boy confronted by a large juicy plum." The broadcaster further remembered being told about the experience already gained in bombing Spanish civilians and he remembered Hitler in the crisis of 1938 threatening the use of the Luftwaffe. There was "no question of sparing civilians in Prague or London in those days."

Then came the war. Warsaw was bombed. Then Rotterdam, London, Coventry, Belgrade, Hitler never calculated, the speaker declared, that England would outbuild the Luftwaffe in three short years. Reprisals may console, he said, but they will not save Germany from British air power.

Kidneys Must Clean Out Acids

Excess acids, poisons and wastes in your blood are removed chiefly by your kidneys. Getting up nights, burning passages, backache, nervousness, rheumatic flares, frequent headaches and feeling worn out, often caused by kidney and bladder troubles. Usually in such cases, the very first dose of **Kidney Clean** will work better than any other. It cleans out excess acids and wastes, and gives you more energy and better health. Just a day or so, may easily make you feel younger, stronger and better than in years. The iron clad money-back agreement on **Kidney Clean** insures an immediate refund of the full cost unless completely satisfactory. You have everything to gain and nothing to lose under this money-back offer so get **Kidney Clean** today.

Where Prices Are High

Bread Is Six Dollars A Loaf In Croatian Capital

Zagreb, the capital of Croatia, is said to be the dearest city in Europe. Although a rationing system has been introduced for a number of the most important foodstuffs, these rations are quite inadequate and a black market flourishes. Fantastic prices are being paid, for example something like \$6 for a two-pound loaf of bread.

Foreign currency, particularly Swiss francs, any kind of gold coins, Turkish pounds and Swedish kroner are eagerly purchased at six to 10 times their official value. The local currency is practically worthless. Even the government appears to recognize this for it is paying farmers 200 cigarettes and three boxes of matches—great rarities—for 10 pounds of butter or 200 pounds of corn.

SMILE AWHILE

"So you have married the queen of your heart?"

"Yes and today she made the first speech from the throne."

"I don't like the look of your husband," said the doctor.

"Neither do I," the wife replied, "but he's good to his children."

"You look sweet enough to eat," the woman whispered softly to him.

"I am," she said hungrily. "Where do you want to go?"

Husband: "The bank has returned that cheque."

Wife: "Isn't that splendid! What can we buy with it this time?"

"Women don't interest me. I prefer the company of my fellow men."

"I'm broke, too, brother!"

"I suppose you know why I've stopped you, Miss," remarked the policeman, heavily.

"Yes," replied the lovely motorist, "you're lonely."

Auntie: "How did Jimmy get on in his history exam?"

Mother: "Not very well, but it wasn't his fault. They asked him things that happened before the poor boy was born."

Hunter (to old guide): "Have you ever been lost in the woods?"

Old Guide: "Nope—I never did get lost but I was bewildered once for four days."

Woman—How much will it cost to take this poem?

Postal Clerk—Four cents; it's first-class, you know.

Woman—Oh, thank you so much!

Price Control And Rationing Information

Q.—On December 31st my landlord gave me three months' notice to vacate as he wishes to live in the house himself. I understand he must give us six months' notice. Which is correct?

A.—You are correct—if the landlord wishes to occupy this house himself, he must give you six months' notice to vacate.

Q.—Will you please send me a ration book for my son. He is two kids old now and we need rationed articles for his diet.

A.—To secure a ration book for your new baby have someone take the baby's birth certificate or baptismal certificate to your local ration board office; if neither certificate is available you may make an affidavit on the form provided at the local ration board office.

Q.—Can my butcher refuse to give or sell a piece of suet with a lean roast of beef?

A.—Very often the butcher has no suet to either sell or give to his customers. Under Board Order 231 a carcass must be defatted at the abattoir before it is delivered to the butcher. These fats are used in the manufacture of munitions.

Q.—Recently I purchased two children's suits. They did not fit and I returned them to the store. The store refuses to refund my money and there is no other merchandise in this particular shop which I want. What can I do to get my money returned?

A.—Merchandise may be exchanged for something else in the same store any time if the retailer is agreeable, he does not have to refund the money. By Order of the Board no money can be refunded after a period of 12 business days has elapsed from date of sale.

Q.—My boy wants me on leave and when I took his ration card to the local office I was granted one coupon for 1/2 lb. of coffee. Others in my neighborhood seem to be receiving larger quantities of rationed articles for their cards. Which is correct?

A.—These cards can only be used after nine meals have been served. With one card you were entitled to a pound of coffee, or coupons for whatever other rationed commodities you selected, a choice must be made, you may receive coupons for only one item. The others you mention may have saved up several cards and used them all at one time.

Please send your questions or your request for the pamphlet, "Consumer's News" or the Blue Book (the book in which you keep track of your ceiling prices), mentioning the name of this paper, to War-time Prices and Trade Board, Regina, Sask., or your nearest War-time Prices and Trade Board office.

The Private Soldier

Real Fighting Man Is Important But Very Often Forgotten

W. L. Clark, in the Windsor Star, says: We want to say a word for the private soldier, the rough, tough fighting guy, who slog through mud to slug the enemy.

This war has developed so many specialty branches with chaps in all sorts of uniforms, the real fighting man is all too often forgotten. He gets little praise, is not always accorded his place of importance in winning the battles.

It would be just too bad if every one wanted to duck under. Thank goodness, there are thousands of young men who are in there firing, not asking any favors, not seeking any privileges. Their only desire is to draw a bead on a Boche and let the enemy have it. They want to kill a lot of huns and get the war over so they can come home.

Please don't forget the fighting lads, the men who are up in the front lines, dogging shells and wielding bayonets.

JUST NONSENSE

Any idea that reprisals on Japanese in this country would deter the fiends in Japanese uniforms from continuing their unspeakable brutalities is nonsense, says the Detroit Free Press. The Jap military has no more consideration for Japanese civilians, at home or abroad, than it has for foreigners. Cruelty has been deliberately bred into it.

Japan says she is "determined" to crush Britain. The U.S., in her age, Japan should not be so silly.

FOR COUGHS COLDS—BUCKLEY'S MIXTURE

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AN OFFER TO EVERY INVENTOR. List of inventions and full information. THE PATENT COMPANY, Registered Patent Attorneys, 279 Bank Street, Ottawa, Canada.

THE FAMOUS OLD COUGH REMEDY FOR ALL AGES

VENO'S COUGH SYRUP

VENO'S COUGH SYRUP

QUICK RELIEF FOR COUGHS—COLDS BRONCHITIS ASTHMA WHOOPING COUGH CATARRHAL ASTHMA SIMPLE SORE THROAT

DON'T DELAY—BUY A BOTTLE TODAY!

CHILDREN LOVE VENO'S

Victory

HEALTH LEAGUE OF CANADA

New Values For Old

A startling and challenging piece of information has been drawn to our attention by the Department of Nutrition Services at Ottawa. In surveying and computing nutrition values on the food available for civilian consumption in Canada last year it was found that potatoes are the source of 35% of the Vitamin C that is available to Canadians in the present market. Moreover, one average potato contains enough Vitamin C to supply 1/2 of our daily requirement. Do you see the tremendous significance of these statements? Vitamin C is essential to our health and it is particularly difficult to obtain the amounts that we need in winter time. Yet the humble potato is willing to come to our rescue, if we will only take the trouble necessary to avail ourselves of the value that is there. This means that we must cook our potatoes properly.

A mild deficiency of Vitamin C results in defective teeth and bone formation, tender joints, headaches, low resistance to infection, digestive disturbances and general weakness and restlessness. This same Vitamin C is destroyed by overcooking, especially in rapidly boiling water in an open kettle.

Potatoes contain enough Vitamin C to supply one-third to one-half of our daily requirement—if we do not boil it away in preparing those potatoes for the table. Boiled pared potatoes have become a staple daily dish in vast numbers of Canadian homes, with the result that Canadians are deriving great benefit from the energy-giving value of the potato, but are losing the Vitamin values which could so easily be included. The solution is simple enough.

1. Bake your potatoes, or
2. Steam your potatoes, or
3. Boil potatoes in their jackets with a cover on the pot.

Baked potatoes are the most nutritious form in which you can eat them. Very little of the value of the potato is lost if it is baked. Why not make use of your furnace and save heating the oven. Scrub the potatoes thoroughly, wash them with a bit of dripping so they will be tender enough to eat, and put them on the wide ledge inside your furnace door, and they will bake in about one hour. Be sure your family eats the skin so they get the benefit of all the minerals that lie close to it.

Steamed potatoes are preferable to boiled ones because this elusive Vitamin C, though easily destroyed by cooking in water, is not as quickly destroyed by cooking in steam. If you have no steamer, suspend a colander over a pot of boiling water, put the potatoes on it and a cover on. Done in this way they will take about fifteen minutes longer to cook but will have a very fine flavor.

If you must boil your potatoes, do so with the skins on! Don't peel them first. Scrub them well instead and boil them in a covered kettle. Their nutritive value will be much higher.

Chinese Journalism

Will Publish Tabloid Newspaper Printed In English

Chinese journalism students will publish an eight-page tabloid newspaper in English in Chungking soon, with equipment installed in a bamboo and mud building.

Dr. Hollington K. Tong, director of the Chinese Post Graduate School of Journalism, said in a radio message from Chungking that Dean Harold L. Cross and the staff of journalists sent to China by the Graduate School of Journalism of Columbia University will direct the staff of 34 students, including seven girls.

GEMS OF THOUGHT

GENTLENESS

To judge human nature rightly, a man may sometimes have a very small experience, provided he has a very large heart.—Bulwer-Lytton.

Speak the truth by all means; be bold and fearless in your rebuke of error, and in your keener rebuke of wrong doing; but be human, and loving, and gentle, and brotherly the while.—W. M. Punshon.

The gentlest thing in the world Will override the strongest . . . To remain gentle is to be invincible.—Lao Tze.

The gentle mind by gentle deeds is known.—Spenser.

When angels visit us, we do not hear the rustle of wings, nor feel the feathered touch of the breast of a dove; but we know their presence by the love they create in our hearts.—Mary Baker Eddy.

The servant of the Lord must not strive; but be gentle unto all men, apt to teach, patient.—II Timothy 2:24.

SLOAN'S LINIMENT

for QUICK RELIEF from STIFFNESS, SORENESS, BUMPS, ACHES, PAINS FROM BRUISES, SPRAINS AND CHEST COLDS

PENETRATING WARMTH

Sir Christopher Wren was the most eminent English architect of the 17th century.

For the MODERN KITCHEN

Appleford PRESTO PACK WAXED TISSUE

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